

2010



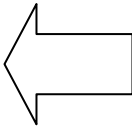
2010

COURTHOUSE
RACQUET & FITNESS
DOWNTOWN
GROUP CLASS SCHEDULE

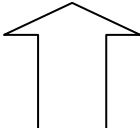
EARLY MORNING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM SPIN Joey Lee		6:00AM SPIN Joey Lee		6:00AM SPIN Joey Lee	

LUNCH TIME

11:30AM SPIN Chris	11:30AM SPIN / ABS Carolyn	11:30AM SPIN Chris	11:30AM SPIN / ABS Carolyn	11:30AM SPIN Chris	
12:05PM HEAT Boot Camp Chris	12:05PM HEAT Boot Camp Chris	12:05PM HEAT Boot Camp Chris	12:05PM HEAT Boot Camp Chris	 1/4 – 4/8	14 Week "Boot Camp" For all Fitness levels!
12:20PM Yoga Wendy		12:20PM Yoga Wendy	12:20PM Chisel Candice		

EVENING

5:15PM PILATES Wendy	5:15PM SPIN Chris	5:15PM Chisel Darla	5:15PM SPIN Kelly		
5:15PM Chisel Darla BB Court	5:20PM PiYo Wendy	 BB Court			

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DTGF 2/18/2010